

ABOUT OUR OFFICE



WE OFFER THE MOST COMPLETE COLLECTION OF NATURAL HEALTHCARE SERVICES UNDER ONE ROOF TO HELP YOU TRULY FIND HEALING. WE OFFER:

- CHIROPRACTIC CARE
- MASSAGE THERAPY
- DYNAMIC MOTION X-RAY
- DYNAMIC SEMG BIOFEEDBACK
- NUTRITION COUNSELING
- SUPPLEMENTS
- REHAB EXERCISES/CORE STRENGTHENING



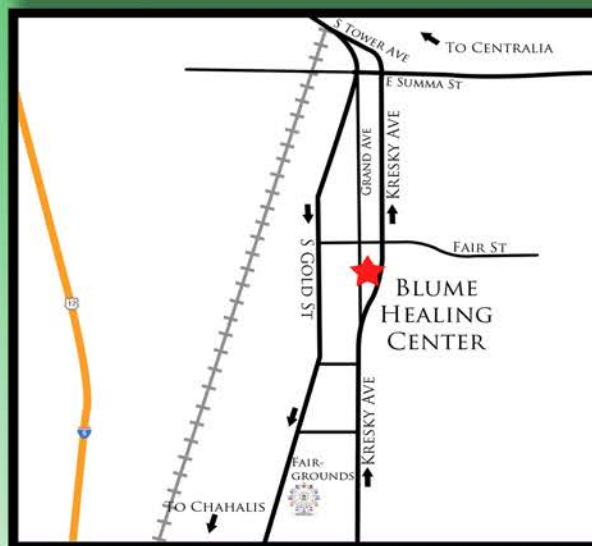
BUSINESS HOURS

MONDAY..... 7:30-6:00
TUESDAY..... 7:30-12:00 & 1:00-5:00
WEDNESDAY.... 7:30-6:00
THURSDAY..... 9:00-1:00 & 2:00-6:00
FRIDAY..... 7:30-6:00

1611 KRESKY AVE, SUITE 108
CENTRALIA, WA 98531

360-330-1800

WWW.BLUMEHEALINGCENTER.COM



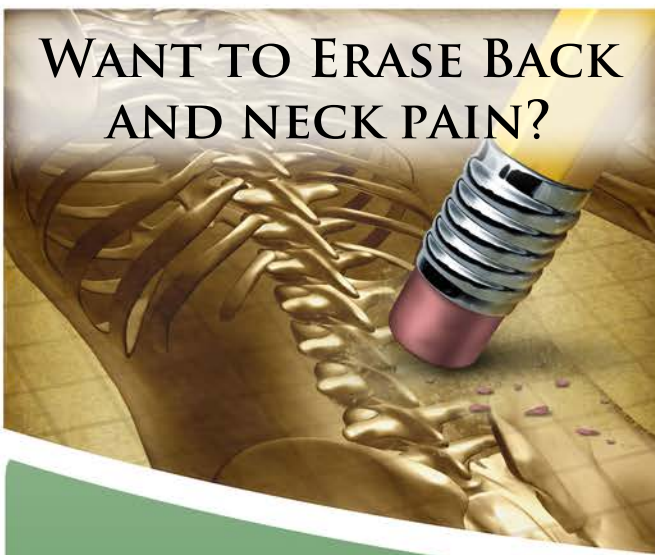
CHIROPRACTIC



BLUME
healing center

CHIROPRACTIC
&
MASSAGE THERAPY

WANT TO ERASE BACK AND NECK PAIN?



PROVIDING CARE FOR

- Auto Injury Victims
- Work Injury Victims
- Adults
- Infants, children, and teens
- Pregnant Women
- Athletes (all levels and ages)



CHIROPRACTIC EXPLAINED

Chiropractic is based on the scientific fact that **your nervous system controls the function of every cell, tissue, and organ of your body**. Your nervous system consists of your brain, spinal cord, and millions of nerves. Your spinal cord is protected by the 24 moving bones of the spine. From between these bones exit the nerves that go to all parts of the body.

Misalignments of spinal bones and discs may cause irritation to the delicate nervous system and affect the structures, organs, and functions of the body.

Chiropractic is a system of health care based upon more than eliminating pain. It aims at improving body function by removing any interference to the nervous system that exist so that the body can be most able to heal itself, from the inside out.

CHIROPRACTIC HAS HELPED PEOPLE WITH...



OUR GOAL

There is a saying which says:

“Structure determines function and function determines health.”

We work to ensure optimal structure to ensure optimal function and optimal health. We strive to help people understand why chiropractic care should be a first choice, not a last resort. Chiropractic care is safe and effective for the entire family and can help with many of the problems which plague people today. The doctors of Blume Healing Center are here to help restore you to better health and to help keep you that way.

