

TODAY'S DATE: \_\_\_/\_\_\_/\_\_\_



**BLUME**  
healing center

**PATIENT INFORMATION**

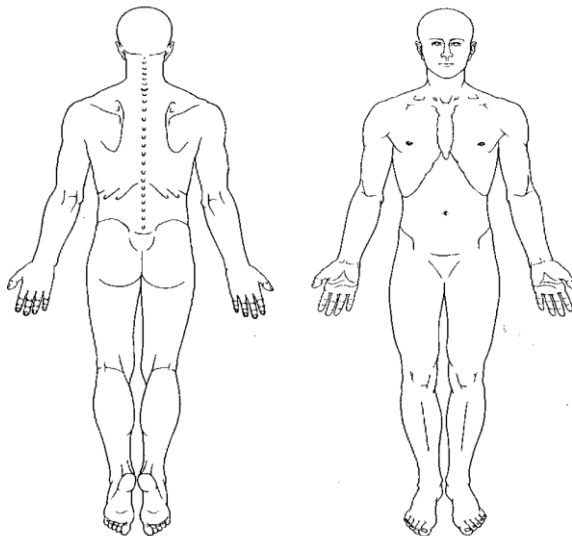
Name: (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (MI) \_\_\_\_\_ Nickname: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone number: Home:(\_\_\_\_) \_\_\_\_\_ Work:(\_\_\_\_) \_\_\_\_\_ Cell:(\_\_\_\_) \_\_\_\_\_  
 E-mail Address: \_\_\_\_\_ May we leave messages at the above numbers  Yes  No  
 Birth Date: \_\_\_/\_\_\_/\_\_\_ Sex:  Male  Female Social Security number: \_\_\_\_\_-\_\_\_\_\_-\_\_\_\_\_  
 Civil Status:  Married  Single  Divorced Employment:  Full  Part  Retired  Unemployed  Student  
 Occupation: \_\_\_\_\_ Employer's Name: \_\_\_\_\_

**CURRENT SYMPTOMS/COMPLAINTS**

Briefly describe the reason for today's visit: \_\_\_\_\_  
 Have you had a similar condition in the past?  yes  no  
 Are your complaints related to a(n):  Auto Accident  Work Injury  Sports Injury When?: \_\_\_\_\_  
 Have you been treated by anyone else for this condition?  yes  no If yes, what treatment have you received?  
 Type of care received:  Physical Therapy  Massage Therapy  Medication  Other: \_\_\_\_\_  
 \_\_\_\_\_  
 Have you ever seen a chiropractor before?  yes  no If yes, why? \_\_\_\_\_

**PAIN RATING**

Please indicate on the drawing the location of your pain or discomfort.



Please rate the severity of your complaint(s) **over the last 24 hrs** (10 = worst pain):

At its **worst**: \_\_\_\_\_  
 0 1 2 3 4 5 6 7 8 9 10

At its **best**: \_\_\_\_\_  
 0 1 2 3 4 5 6 7 8 9 10

**Currently**: \_\_\_\_\_  
 0 1 2 3 4 5 6 7 8 9 10

**What makes the symptom *better*?**  
(mark all that apply):

- rest
- ice
- heat
- stretching
- exercise
- massage
- pain medication
- nothing

**What makes the symptom *worse*?**  
(mark all that apply):

- bending head
- bending at the waist
- twisting at waist
- getting up from sitting
- any movement
- walking
- nothing
- turning head
- standing
- sitting
- lifting
- driving
- running

**Describe the symptom:**  
(mark all that apply):

- sharp
- dull
- achy
- burning
- throbbing
- stabbing
- deep
- shooting

## REVIEW OF SYSTEMS

Please mark all conditions/symptoms listed below which you now have or have had previously:

### Cardiovascular

- Heart surgeries
- Congestive heart failure
- Hypertension
- Heart attacks
- Heart disease/problems
- Angina/chest pain
- Irregular heartbeat

### Neurological

- One-sided decreased feeling in the face or body
- One-sided weakness of face or body
- History of seizures
- Visual changes/loss of vision
- Headaches
- Vertigo
- Memory loss
- Strokes

### Gastroenterological

- Nausea
- Difficulty swallowing
- Ulcerative disease
- Frequent abdominal pain
- Hiatal hernia
- Constipation
- Irritable bowel/colitis
- Hepatitis or liver disease
- Bowel incontinence
- Gastroesophageal reflux/heartburn

### Musculoskeletal

- Rheumatoid arthritis
- Osteoarthritis
- Gout
- Broken bones
- Spinal fracture
- Spinal surgery
- Arthritis (unknown type)
- Metal implants
- Scoliosis
- Joint surgery

## SURGERIES

List any major surgeries you have had and the date:


## MEDICATIONS

List any medications you currently take and the reason:


## FAMILY HEALTH HISTORY

Indicate if you have a family history of these conditions and the family relationship to yourself:

Condition	Relationship (father, mother, etc.)	Condition	Relationship (father, mother, etc.)
<input type="checkbox"/> Cardiac Disease:		<input type="checkbox"/> Neurological diseases	
<input type="checkbox"/> Stroke/TIA::		<input type="checkbox"/> Cancer	
<input type="checkbox"/> Headaches:		<input type="checkbox"/> Diabetes	
<input type="checkbox"/> Other:		<input type="checkbox"/> Adopted/Unknown	

## SOCIAL/OCCUPATIONAL HISTORY

Tobacco	Alcohol	Caffeinated Beverages
<input type="checkbox"/> Non-smoker <input type="checkbox"/> Previous smoker (year quit _____) <input type="checkbox"/> Current smoker (Packs/day _____)	<input type="checkbox"/> Never <input type="checkbox"/> Occasional Drinks/week _____	<input type="checkbox"/> Coffee (Cups per day _____) <input type="checkbox"/> Tea (Cups per day _____) <input type="checkbox"/> Soda Pop (Cans per day _____)

Job description: \_\_\_\_\_

Routine exercise: \_\_\_\_\_